



## St. Vladimir Orthodox Church

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### Venerable and God-bearing Father Anthony the Great January 17, 2021

#### **Troparion – Tone 7**

By Thy Cross Thou didst destroy death. To the thief Thou didst open Paradise. For the Myrrhbearers Thou didst change weeping into joy, and Thou didst command Thy disciples, O Christ God, to proclaim that Thou art risen,// granting the world great mercy.

#### **Troparion – Tone 4**

Thou didst imitate the ways of zealous Elijah, and didst follow the straight path of John the Baptist. Thou didst become a desert-dweller, strengthening the world by thy prayers.// O Father Anthony, intercede with Christ God that our souls may be saved!

#### **Kontakion – Tone 7**

The dominion of death can no longer hold men captive, for Christ descended, shattering and destroying its powers. Hell is bound, while the Prophets rejoice and cry: “The Savior has come to those in faith;// enter, you faithful, into the Resurrection!”

#### **Kontakion – Tone 2**

Thou didst reject the tumult of this life living thy life to the end in solitude, imitating the Baptist in every way. With him we honor thee, most venerable Anthony,// the foundation of the Fathers.

#### **Prokeimenon – Tone 7**

The Lord shall give strength to His people. / The Lord shall bless His people with peace.

*V. Offer to the Lord, O you sons of God! Offer young rams to the Lord*

#### **Prokeimenon – Tone 7**

Precious in the sight of the Lord / is the death of His saints.

#### **Venerable and God-bearing Father Anthony the Great**

Saint Anthony the Great is known as the Father of monasticism, and the long ascetical sermon in The Life of Saint Anthony by Saint Athanasius (Sections 16-34), could be called the first monastic Rule.

He was born in Egypt in the village of Coma, near the desert of the Thebaid, in the year 251. His parents were pious Christians of illustrious lineage. Anthony was a serious child and was respectful and obedient to his parents. He loved to attend church services, and he listened to the Holy Scripture so attentively, that he remembered what he heard all his life.

When Saint Anthony was about twenty years old, he lost his parents, but he was responsible for the care of his younger sister. Going to church about six months later, the youth reflected on how the faithful, in the Acts of the Apostles (4:35), sold their possessions and gave the proceeds to the Apostles for the needy.

Then he entered the church and heard the Gospel passage where Christ speaks to the rich young man: "If you would be perfect, go, sell what you possess and give it to the poor, and you will have treasure in heaven; and come follow Me" (Mt.19:21). Anthony felt that these words applied to him. Therefore, he sold the property that he received after the death of his parents, then distributed the money to the poor, and left his sister in the care of pious virgins in a convent.

Leaving his parental home, Saint Anthony began his ascetical life in a hut not far from his village. By working with his hands, he was able to earn his livelihood and also alms for the poor. Sometimes, the holy youth also visited other ascetics living in the area, and from each he sought direction and benefit. He turned to one particular ascetic for guidance in the spiritual life.

In this period of his life Saint Anthony endured terrible temptations from the devil. The Enemy of the race of man troubled the young ascetic with thoughts of his former life, doubts about his chosen path, concern for his sister, and he tempted Anthony with lewd thoughts and carnal feelings. But the saint extinguished that fire by meditating on Christ and by thinking of eternal punishment, thereby overcoming the devil.

Realizing that the devil would undoubtedly attack him in another manner, Saint Anthony prayed and intensified his efforts. Anthony prayed that the Lord would show him the path of salvation. And he was granted a vision. The ascetic beheld a man, who by turns alternately finished a prayer, and then began to work. This was an angel, which the Lord had sent to instruct His chosen one.

Saint Anthony tried to accustom himself to a stricter way of life. He partook of food only after sunset, he spent all night praying until dawn. Soon he slept only every third day. But the devil would not cease his tricks, and trying to scare the monk, he appeared under the guise of monstrous phantoms. The saint however protected himself with the Life-Creating Cross. Finally the Enemy appeared to him in the guise of a frightful looking black child, and hypocritically declaring himself beaten, he thought he could tempt the saint into vanity and pride. The saint, however, vanquished the Enemy with prayer.

For even greater solitude, Saint Anthony moved farther away from the village, into a graveyard. He asked a friend to bring him a little bread on designated days, then shut himself in a tomb. Then the devils pounced upon the saint intending to kill him, and inflicted terrible wounds upon him. By the providence of the Lord, Anthony's friend arrived the next day to bring him his food. Seeing him lying on the ground as if dead, he took him back to the village. They thought the saint was dead and prepared for his burial. At midnight, Saint Anthony regained consciousness and told his friend to carry him back to the tombs.

Saint Anthony's staunchness was greater than the wiles of the Enemy. Taking the form of ferocious beasts, the devils tried to force the saint to leave that place, but he defeated them by trusting in the Lord. Looking up, the saint saw the roof opening, as it were, and a ray of light coming down toward him. The demons disappeared and he cried out, "Where have You been, O Merciful Jesus? Why didn't You appear from the very beginning to end my pain?"

The Lord replied, "I was here, Anthony, but wanted to see your struggle. Now, since you have not yielded, I shall always help you and make your name known throughout all the world." After this vision Saint Anthony was healed of his wounds and felt stronger than before. He was then thirty-five years of age.

Having gained spiritual experience in his struggle with the devil, Saint Anthony considered going into the Thebaid desert to serve the Lord. He asked the Elder (to whom he had turned for guidance at the beginning of his monastic journey) to go into the desert with him. The Elder, while blessing him in the then as yet unheard of exploit of being a hermit, decided not to accompany him because of his age.

Saint Anthony went into the desert alone. The devil tried to hinder him, by placing a large silver disc in his path, then gold, but the saint ignored it and passed by. He found an abandoned fort on the other side of the river and settled there, barricading the entrance with stones. His faithful friend brought him bread twice a year, and there was water inside the fort.

Saint Anthony spent twenty years in complete isolation and constant struggle with the demons, and he finally achieved perfect calm. The saint's friends removed the stones from the entrance, and they went to Saint Anthony and besought him to take them under his guidance. Soon Saint Anthony's cell was surrounded by several monasteries, and the saint acted as a father and guide to their inhabitants, giving spiritual instruction to all who came into the desert seeking salvation. He

increased the zeal of those who were already monks, and inspired others with a love for the ascetical life. He told them to strive to please the Lord, and not to become faint-hearted in their labors. He also urged them not to fear demonic assaults, but to repel the Enemy by the power of the Life-Creating Cross of the Lord.

In the year 311 there was a fierce persecution against Christians, in the reign of the emperor Maximian. Wishing to suffer with the holy martyrs, Saint Anthony left the desert and went to Alexandria. He openly ministered to those in prison, he was present at the trial and interrogations of the confessors, and accompanying the martyrs to the place of execution. It pleased the Lord to preserve him, however, for the benefit of Christians.

At the close of the persecution, the saint returned to the desert and continued his exploits. The Lord granted the saint the gift of wonderworking, casting out demons and healing the sick by the power of his prayer. The great crowds of people coming to him disrupted his solitude, and he went off still farther, into the inner desert where he settled atop a high elevation. But the brethren of the monasteries sought him out and asked him to visit their communities.

Another time Saint Anthony left the desert and arrived in Alexandria to defend the Orthodox Faith against the Manichaean and Arian heresies. Knowing that the name of Saint Anthony was venerated by all the Church, the Arians said that he adhered to their heretical teaching. But Saint Anthony publicly denounced Arianism in front of everyone and in the presence of the bishop. During his brief stay at Alexandria, he converted a great multitude of pagans to Christ.

People from all walks of life loved the saint and sought his advice. Pagan philosophers once came to Abba Anthony intending to mock him for his lack of education, but by his words he reduced them to silence. Emperor Constantine the Great (May 21) and his sons wrote to Saint Anthony and asked him for a reply. He praised the emperor for his belief in Christ, and advised him to remember the future judgment, and to know that Christ is the true King.

Saint Anthony spent eighty-five years in the solitary desert. Shortly before his death, he told the brethren that soon he would be taken from them. He instructed them to preserve the Orthodox Faith in its purity, to avoid any association with heretics, and not to be negligent in their monastic struggles. "Strive to be united first with the Lord, and then with the saints, so that after death they may receive you as familiar friends into the everlasting dwellings."

The saint instructed two of his disciples, who had attended him in the final fifteen years of his life, to bury him in the desert and not in Alexandria. He left one of his monastic mantles to Saint Athanasius of Alexandria (January 18), and the other to Saint Serapion of Thmuis (March 21). Saint Anthony died peacefully in the year 356, at age 105, and he was buried in the desert by his disciples.

The Life of the famed ascetic Saint Anthony the Great was written by Saint Athanasius of Alexandria. This is the first biography of a saint who was not a martyr, and is considered to be one of the finest of Saint Athanasius' writings. Saint John Chrysostom recommends that this Life be read by every Christian.

"These things are insignificant compared with Anthony's virtues," writes Saint Athanasius, "but judge from them what the man of God Anthony was like. From his youth until his old age, he kept his zeal for asceticism, he did not give in to the desire for costly foods because of his age, nor did he alter his clothing because of the infirmity of his body. He did not even wash his feet with water. He remained very healthy, and he could see well because his eyes were sound and undimmed. Not one of his teeth fell out, but near the gums they had become worn due to his advanced age. He remained strong in his hands and feet.... He was spoken of everywhere, and was admired by everyone, and was sought even by those who had not seen him, which is evidence of his virtue and of a soul dear to God."

The following works of Saint Anthony have come down to us: Twenty Sermons on the virtues, primarily monastic (probably spurious). Seven Letters to various Egyptian monasteries concerning moral perfection, and the monastic life as a spiritual struggle. A Rule for monastics (not regarded as an authentic work of Saint Anthony).

In the year 544 the relics of Saint Anthony the Great were transferred to Alexandria, and after the conquest of Egypt by the Saracens in the seventh century, they were transferred to Constantinople. The holy relics were transferred from Constantinople in the tenth-eleventh centuries to a diocese outside Vienna. In the fifteenth century they were brought to Arles (in France), to the church of Saint Julian.

### **Epistle: Colossians 1:12-18**

Giving thanks to the Father who has qualified us to be partakers of the inheritance of the saints in the light. He has delivered us from the power of darkness and conveyed us into the kingdom of the Son of His love, in whom we have redemption through His blood, the forgiveness of sins. He is the image of the invisible God, the firstborn over all creation. For by Him all things were created that are in heaven and that are on earth, visible and invisible, whether thrones or dominions or principalities or powers. All things were created through Him and for Him. And He is before all things, and in Him all things consist. And He is the head of the body, the church, who is the beginning, the firstborn from the dead, that in all things He may have the preeminence.

### **Epistle: Hebrews 13:17-21**

Obey those who rule over you, and be submissive, for they watch out for your souls, as those who must give account. Let them do so with joy and not with grief, for that would be unprofitable for you. Pray for us; for we are confident that we have a good conscience, in all things desiring to live honorably. But I especially urge you to do this, that I may be restored to you the sooner. Now may the God of peace who brought up our Lord Jesus from the dead, that great Shepherd of the sheep, through the blood of the everlasting covenant, make you complete in every good work to do His will, working in you what is well pleasing in His sight, through Jesus Christ, to whom be glory forever and ever. Amen.

### **Gospel: Luke 18:18-27**

Now a certain ruler asked Him, saying, "Good Teacher, what shall I do to inherit eternal life?" So Jesus said to him, "Why do you call Me good? No one is good but One, that is, God. You know the commandments: 'Do not commit adultery,' 'Do not murder,' 'Do not steal,' 'Do not bear false witness,' 'Honor your father and your mother.'" And he said, "All these things I have kept from my youth." So when Jesus heard these things, He said to him, "You still lack one thing. Sell all that you have and distribute to the poor, and you will have treasure in heaven; and come, follow Me." But when he heard this, he became very sorrowful, for he was very rich. And when Jesus saw that he became very sorrowful, He said, "How hard it is for those who have riches to enter the kingdom of God! For it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God." And those who heard it said, "Who then can be saved?" But He said, "The things which are impossible with men are possible with God."

### **Gospel: Luke 6:17-23**

And He came down with them and stood on a level place with a crowd of His disciples and a great multitude of people from all Judea and Jerusalem, and from the seacoast of Tyre and Sidon, who came to hear Him and be healed of their diseases, as well as those who were tormented with unclean spirits. And they were healed. And the whole multitude sought to touch Him, for power went out from Him and healed them all. Then He lifted up His eyes toward His disciples, and said: "Blessed are you poor, for yours is the kingdom of God. Blessed are you who hunger now, for you shall be filled. Blessed are you who weep now, for you shall laugh. Blessed are you when men hate you, and when they exclude you, and revile you, and cast out your name as evil, for the Son of Man's sake. Rejoice in that day and leap for joy! For indeed your reward is great in heaven, for in like manner their fathers did to the prophets.

### **Service Schedule for the week of January 17 – services will be streamed live**

**Today – MASKS REQUIRED** 9:45 AM Hours, 10:00 AM Divine Liturgy

**Saturday January 23 – MASKS REQUIRED** 10:00 AM Divine Liturgy and 5:00 PM Vespers

**Sunday January 24 – MASKS NOT REQUIRED** 10:00 AM Divine Liturgy followed by Coffee Hour in Daria Hall

### **Weekly Giving**

January 9 & 10 – 45 adults, 15 youth, \$2,744

### **Parish Announcements**

***Masks will be required at all Holy Day services. Masks may be worn during any service, even those indicating No Mask.***

**Upcoming service schedule (Divine Liturgy 10:00 AM):**

Saturday January 16 – Masks not required

Sunday January 17 – Masks required

Saturday January 23 – Masks required

Sunday January 24 – Masks not required

Saturday January 30 – Masks not required

Sunday January 31 – Masks required

Saturday February 6 – Masks required

Sunday February 7 – Masks not required

Saturday February 13 – Masks not required

Sunday February 14 – Masks required

Saturday February 20 – Masks required

Sunday February 21 – Masks not required

St Vladimir FOCA Club (formerly called the Senior R Club) will be selling chicken parmigiana sandwiches on Sunday February 7 after Divine Liturgy. All sandwiches will be packaged to go, and may be picked up in Daria Hall. The cost is \$7/sandwich. A sign-up sheet is on the table in the back of the church across from the candle desk. Last day to place an order will be Sunday January 31. Thank you for your support!

The Parish Council voted to resume Coffee Hour starting Sunday January 24 as follows:

Individually plated donuts and bagels will be available, as well as individual packets of condiments and wrapped utensils.

No other food offerings are permitted at this time.

Coffee, decaf coffee, tea, decaf tea, water, and juice boxes will be available.

Tables and chairs are socially distanced.

Masks are required to be worn unless you are eating.

Hosts of Coffee Hour must wear masks and use gloves. Printed Coffee Hour instructions will be available.

Parents are responsible for getting food and beverages for their children; children are not permitted at the food tables.

If you would like to host Coffee Hour, please see Melody Stavisky or Michael Toth. We look forward to gathering together socially as a parish again! However, if you or a member of your family feel ill, please do not attend until you are well so as to avoid the spreading of germs.

The Annual Parish Meeting will be held in Daria Hall on Sunday January 31 after Divine Liturgy. Information packets will be available when you sign in for the meeting.

In order to properly social distance, we ask that parishioners **fill the front pews as well as all pews in the church before congregating in the back. Individuals should attempt to sit in a pew (one at each end) with another individual in order to free up pews for families. If your family is in need of a pew, please ask the person at the candle desk for assistance to see if individuals can be moved to open up a pew.** The choir loft is also available for a family. We must be vigilant in trying to prevent the spread of germs, so please do not attend church services if you have a fever, sniffles, cough, cold, sore throat, loss of smell or taste, etc. If individuals who attended church services are diagnosed with Covid, the church may need to shut down for a period of time. Father Volodymyr live streams Saturday Vespers and Sunday Divine Liturgy every weekend, so if you are home you may still participate in the services on line. Thank you for your consideration and cooperation!

Father Volodymyr has received the following instructions from the Diocese regarding Theophany:

~ **Home Blessings:** In light of the overall continuing increases in COVID cases and COVID deaths both in New York and in New Jersey, home blessings will be postponed until after Pascha and begin on a date after Pascha, which has yet to be determined. This measure will prevent Father Volodymyr from risking unneeded exposure to the Coronavirus, it will alleviate any fears parishioners might have regarding home blessings during the Pandemic, and it will enable the eventual home blessings to become an opportunity for pastoral conversations with the families in our parish.

In order to prevent the spread of germs, the Communion prosthora and prosthora after Divine Liturgy will be handed out by an Altar server. We ask that you receive the prosthora in your hand and not reach for the prosthora on the tray or bowl.

The church has been set up for appropriate social distance seating. However, if you are feeling ill, please stay home. Also, those age 65 and over are still considered high risk and should make careful decisions about attending services. Father Volodymyr will continue to stream live Vespers and Sunday Divine Liturgy.

During the pandemic we are grateful that our parishioners have continued to contribute every week so the church can remain operational. Please continue to pray for everyone's health and well-being!