



## St. Vladimir Orthodox Church

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### Sunday of Cheesefare: Expulsion of Adam from Paradise March 6, 2022

#### **Troparion – Tone 4**

When the women disciples of the Lord learned from the angel the joyous message of Thy Resurrection, they cast away the ancestral curse and elatedly told the apostles: “Death is overthrown! Christ God is risen, // granting the world great mercy!”

#### **Troparion – Tone 1**

Through the sufferings which Thy holy Forty Martyrs endured for Thy sake, O Lord, we beseech Thee, O Lover of mankind: // “Heal all of our infirmities!”

#### **Kontakion – Tone 6**

You have abandoned all earthly armies, cleaving to the heavenly Master, O Forty Martyrs of the Lord. Having passed through fire and water, O blessed ones, // you have fittingly received heavenly glory and many crowns.

#### **Kontakion – Tone 6**

O Master, Teacher of wisdom, Bestower of virtue, Who teachest the thoughtless and protectest the poor, strengthen and enlighten my heart! O Word of the Father, let me not restrain my mouth from crying to Thee: “Have mercy on me, a transgressor, // O merciful Lord!”

#### **Prokeimenon – Tone 8**

Pray and make your vows / before the Lord, our God!

*V. In Judah God is known; His name is great in Israel.*

#### **Prokeimenon – Tone 5**

Thou, O Lord, shalt protect us / and preserve us from this generation forever.

#### **Sunday of Cheesefare: Expulsion of Adam from Paradise**

As we begin the Great Fast, the Church reminds us of Adam’s expulsion from Paradise. God commanded Adam to fast (Gen. 2:16), but he did not obey. Because of their disobedience, Adam and Eve were cast out of Eden and lost the life of blessedness, knowledge of God, and communion with Him, for which they were created. Both they and their descendants became heirs of death and corruption. Let us consider the benefits of fasting, the consequences of disobedience, and recall our fallen state. Today we are invited to cleanse ourselves of evil through fasting and obedience to God. Our fasting should not be a negative thing, a mere abstention from certain foods. It is an opportunity to free ourselves from the sinful desires and urges of our fallen nature, and to nourish our souls with prayer, repentance, to participate in church services, and partake of the life-giving Mysteries of Christ.

At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit...."

### **Epistle: Romans 13:11-14:4**

And do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts. Receive one who is weak in the faith, but not to disputes over doubtful things. For one believes he may eat all things, but he who is weak eats only vegetables. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

### **Epistle: Hebrews 12:1-10**

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls. You have not yet resisted to bloodshed, striving against sin. And you have forgotten the exhortation which speaks to you as to sons: "My son, do not despise the chastening of the LORD, nor be discouraged when you are rebuked by Him; for whom the LORD loves He chastens, and scourges every son whom He receives." If you endure chastening, God deals with you as with sons; for what son is there whom a father does not chasten? But if you are without chastening, of which all have become partakers, then you are illegitimate and not sons. Furthermore, we have had human fathers who corrected us, and we paid them respect. Shall we not much more readily be in subjection to the Father of spirits and live? For they indeed for a few days chastened us as seemed best to them, but He for our profit, that we may be partakers of His holiness.

### **Gospel: Matthew 6:14-21**

For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

### **Gospel: Matthew 20:1-16**

For the kingdom of heaven is like a landowner who went out early in the morning to hire laborers for his vineyard. Now when he had agreed with the laborers for a denarius a day, he sent them into his vineyard. And he went out about the third hour and saw others standing idle in the marketplace, and said to them, 'You also go into the vineyard, and whatever is right I will give you.' So they went. Again he went out about the sixth and the ninth hour, and did likewise. And about the eleventh hour he went out and found others standing idle, and said to them, 'Why have you been standing here idle all day?' They said to him, 'Because no one hired us.' He said to them, 'You also go into the vineyard, and whatever is right you will receive.' So when evening had come, the owner of the vineyard said to his steward, 'Call the laborers and give them their wages, beginning with the last to the first.' And when those came who were hired about the eleventh hour, they each received a denarius. But when the first came, they supposed that they would receive more; and they likewise received each a denarius. And when they had received it, they complained against the landowner, saying, 'These last men have worked only one hour, and you made them equal to us who have borne the burden and the heat of the day.' But he answered one of them and said, 'Friend, I am doing you no wrong. Did you not agree with me for a denarius? Take what is yours and go your way. I wish to give to this last man the same as to you. Is it not lawful for me to do what I wish with my own things? Or is your eye evil because I am good?' So the last will be first, and the first last. For many are called, but few chosen."

### **Service Schedule for the week of March 6**

**Sunday March 6** – 9:45 AM Hours, 10:00 AM Divine Liturgy followed by Ceremony of Mutual Forgiveness. Coffee Hour will be held in Daria Hall after the Forgiveness prayers.

**Monday March 7** – 7:00 PM Great Canon of St. Andrew of Crete

**Tuesday March 8** – 7:00 PM Great Canon of St. Andrew of Crete

**Wednesday March 9** – 7:00 PM Great Canon of St. Andrew of Crete

**Friday March 11** – 8:30 AM Confession, 9:30 AM Pre-Sanctified Liturgy followed by Confession

**Saturday March 12** – 5:00 PM Vespers followed by Confession

**Sunday March 13** – 10:00 AM Divine Liturgy followed by Lenten Coffee Hour in Daria Hall

## **Weekly Giving**

February 27 – 65 adults, 18 youth, \$3,403

## **Parish Announcements**

Today and next Sunday we will collect monetary donations to send to the Ukraine victims of war. Father Volodymyr's fellow Seminarian in Kyiv, Protodeacon Peter, serves at Golden Michael Cathedral in Kyiv and is also in charge of their church school. Many of the Cathedral parishioners are unable to work and have no money for food, baby supplies, insulin, and drugs. The monies we collect will be wired directly by Father Volodymyr to Protodeacon Peter, who will be able to distribute the money to the people in need. Cash or checks payable to St Vladimir Orthodox Church may be left in the basket behind the last pew in church. Thank you for aiding our fellow Christians in Ukraine as they endure this horrible invasion of their country. God Bless the people and country of Ukraine.

The Altar candles today are in honor of Matushka Mary, who celebrated her birthday on March 3<sup>rd</sup>. May God bless her always! Mnogaya L'yeta!

There will be a brief FOCA Club meeting today during Coffee Hour.

Due to Lenten services, the Parish Council Meeting is postponed until Tuesday March 15.

The FOCA Club will host a beadmaking class, taught by Anne Cheslock, next Sunday March 13 during Coffee Hour. All attendees will learn to assemble a faux pearl bracelet. Cost is \$10 per person with a maximum of 10 people in the class. Children must be accompanied by an adult. A sign-up sheet is on the table in the back of the church.

**Easter candy sale:** Brochures and order forms are available in Daria Hall – please see a member of the FOCA Club. **All orders are due by next Sunday March 13.** The candy will be delivered the week of April 3 and available for pick-up in Daria Hall on April 10. Thank you for your support of the FOCA Club!

Youth and adults of the parish are invited to Bible Study classes during Coffee Hour. The classes will be taught by Alan Berck.

Next Sunday, March 13, is the start of Daylight Savings Time. Please remember to move your clocks UP one hour next Saturday evening.

If you have not yet turned in your 2022 Pledge Card, please do so as soon as possible. The Parish Council uses the information for financial planning throughout the year. Thank you!

## **UPCOMING BIRTHDAYS THIS WEEK:**

Pheodora Kasmer – March 8

Anthony Cassar – March 9

*Have a blessed birthday and God grant you many years!*

## **COFFEE HOUR SCHEDULE** – Coffee Hour Preparation Instructions are available in the Daria Hall kitchen

Mar. 6 College Students

Mar. 13 **FAST DAY** Betty Kavchok

Mar. 20 **FAST DAY** Awet Tesfa & Nebiat Tesfa

Mar. 27 **FAST DAY** Madeleine Sekulich & Mark McDevitt

April 3 **FAST DAY** John Cassar

April 10 **FAST DAY** Christine Waite, Alla & Perry Strauss

April 17 **FAST DAY** Fiyori Habatesilasse

April 24 **PASCHA** – No coffee hour

May 1 Anne Cheslock

May 8 Nina Schmidt

May 15 Tiberiu & Mihaela Milosav  
May 22 Nina Laushell  
May 29 Mimi & Alan Berck  
June 5 Virgiliu & Gabriela Plesa  
June 12 Ekaterina & Stanislav Uritsky  
June 19 Christina DiDonato  
June 26 **FAST DAY** Nancy Mitsos  
July 3 Walter & Tanya Tribbey  
July 10 Darice Keyes  
July 17 Boryana Dorvil  
July 24 Nadja Nowicki & Melody Stavisky  
July 31 Svetlana Sosedov