



St. Vladimir Orthodox Church

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Martyr Paramon and 370 Martyrs in Bithynia / Martyr Philomenus of Ancyra November 29, 2020

Troparion – Tone 8

Thou didst descend from on high, O Merciful One! Thou didst accept the three day burial to free us from our sufferings!//
O Lord, our Life and Resurrection, glory to Thee!

Troparion – Tone 4

Thy holy martyrs Paramon and Philumenus and those with them, O Lord, through their sufferings have received incorruptible crowns from Thee, our God. For having Thy strength, they laid low their adversaries, and shattered the powerless boldness of demons.// Through their intercession, save our souls!

Kontakion – Tone 8

By rising from the tomb, Thou didst raise the dead and resurrect Adam. Eve exults in Thy Resurrection,// and the world celebrates Thy rising from the dead, O greatly Merciful One!

Kontakion – Tone 4

Urged on by the commandments of God, with patience, you cleansed your souls from all defilement. You reached perfection as spiritual athletes, and renounced sacrifice to idols. Imitating Christ, you were slain with a spear, O most blessed Paramon and Philumenus.// Always fervently intercede with Christ on behalf of the world!

Prokeimenon – Tone 8

Pray and make your vows / before the Lord, our God!

V. In Judah God is known; His name is great in Israel.

Martyr Paramon and 370 Martyrs in Bithynia

The Holy Martyr Paramon and the 370 Martyrs with him suffered for their faith in Christ in the year 250 during the rule of the emperor Decius (249-251). The governor of the Eastern regions, Aquianus, had locked up 370 Christians in prison, urging them to abjure Christ and instead offer sacrifice to idols.

They subjected the captives to beatings, hoping by torture and the threat of death to persuade them to renounce Christ and worship the pagan gods. One of the local inhabitants, Paramon by name, openly denounced the cruel governor and confessed his faith in the One True God, the Lord Jesus Christ. They beheaded Saint Paramon after fierce tortures, together with the other 370 martyrs.

Martyr Philoumenus of Ancyra

The Holy Martyr Philoumenus suffered for Christ in the year 274, during the persecution against Christians by the emperor Aurelian (270-275). Saint Philoumenus was a bread merchant in Ancyra. Envious persons reported to the governor Felix that Philoumenus was a Christian, and so he came before a judge.

Saint Philoumenus did not renounce Christ. For this they hammered nails into his hands, feet and head, and they forced him to walk. The holy martyr bravely endured the torments and he died from loss of blood, giving up his soul to God.

Epistle: Ephesians 4:1-6

I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, with all lowliness and gentleness, with longsuffering, bearing with one another in love, endeavoring to keep the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called in one hope of your calling; one Lord, one faith, one baptism; one God and Father of all, who is above all, and through all, and in you all.

Gospel: Luke 13:10-17

Now He was teaching in one of the synagogues on the Sabbath. And behold, there was a woman who had a spirit of infirmity eighteen years, and was bent over and could in no way raise herself up. But when Jesus saw her, He called her to Him and said to her, "Woman, you are loosed from your infirmity." And He laid His hands on her, and immediately she was made straight, and glorified God. But the ruler of the synagogue answered with indignation, because Jesus had healed on the Sabbath; and he said to the crowd, "There are six days on which men ought to work; therefore come and be healed on them, and not on the Sabbath day." The Lord then answered him and said, "Hypocrite! Does not each one of you on the Sabbath loose his ox or donkey from the stall, and lead it away to water it? So ought not this woman, being a daughter of Abraham, whom Satan has bound – think of it – for eighteen years, be loosed from this bond on the Sabbath?" And when He said these things, all His adversaries were put to shame; and all the multitude rejoiced for all the glorious things that were done by Him.

Service Schedule for the week of November 29 – services will be streamed live

Today – MASKS NOT REQUIRED 9:45 AM Hours, 10:00 AM Divine Liturgy

Saturday December 5 – MASKS NOT REQUIRED 10:00 AM Divine Liturgy and 5:00 PM Vespers

Sunday December 6 – MASKS REQUIRED 9:45 AM Hours, 10:00 AM Divine Liturgy

Weekly Giving

November 21 & 22 – 54 adults, 16 youth, \$2,962

Parish Announcements

Masks will be required at all Holy Day services.

Upcoming service schedule (Divine Liturgy 10:00 AM):

Saturday November 28 – Masks required

Sunday November 29 – Masks not required

Saturday December 5 – Masks not required

Sunday December 6 – Masks required

Saturday December 12 – Masks required

Sunday December 13 – Masks not required

Saturday December 19 – Masks not required

Sunday December 20 – Masks required

Thursday December 24 – Masks required

Friday December 25 – Masks required

Saturday December 26 – Masks required

Sunday December 27 – Masks not required

Saturday January 2 – Masks not required

Sunday January 3 – Masks required

There will be a Panikhida today after Divine Liturgy for Michael and Lenore Sadowski – Memory Eternal.

There are still some pierogies for sale - \$8/dozen. If you are interested please see Nina Laushell or Nadja Nowicki.

Congratulations to our beloved Fr. Paul and Matushka Mary, who celebrated their 73rd wedding anniversary on November 27th. May God bless them with good health and their continued presence in the life of our parish. M’nogaya L’yeta!

Please remember to partake in the sacraments of Confession and Holy Communion during the Nativity Fast.

Today is the last day the Senior R Club will be collecting for the St. Nicholas Project, which sends the gift cards to Seminarian families for Christmas. Cash or gift cards in any denomination are requested: Amazon, Target, Walmart, Kohls. There is a collection basket in the back of the church. Thank you for your generosity in helping a Seminarian family!

If you are interested in becoming a member of the Parish Council, please speak to Father Volodymyr before December 31.

The Senior R Club has voted to change the name of the club to St. Vladimir FOCA (Fellowship of Orthodox Christians in America). Please see a member of the club if you are interested in joining!

FOCA is sponsoring a “virtual” St. Andrew’s Day Celebration on Monday Nov. 30 at 8:00 PM, live streamed via YouTube. “The Akathist to St. Andrew the Apostle the First Called” is being hosted by St. Nicholas Church in Mogadore, Ohio, is being served by past and present National, District, and Local FOCA Spiritual Advisors from across the USA, and will include an address by His Eminence the Most Reverend Archbishop Michael. The YouTube connection is www.youtube.com/watch?v=cozi-imHTJg. Service book: https://1drv.ms/u/s!AtZcAPkVf-Gnil20cT_H77kv2TTn?e=5A6Muy.

Nativity Services will be as follows:

Thursday December 24 – **Christmas Eve – MASKS REQUIRED** 7:00 PM Vespers with Litya

NOTE: The parish will not have a Christmas Eve supper this year due to the Covid pandemic.

Friday December 25 – **NATIVITY – MASKS REQUIRED** 10:00 AM Divine Liturgy

Saturday December 26 – **Synaxis of the Holy Theotokos – MASKS REQUIRED** 10:00 AM Divine Liturgy and 5:00 PM Vespers with Litya

Sunday December 27 – **First Martyr Stephen – MASKS NOT REQUIRED** 10:00 AM Divine Liturgy

In order to prevent the spread of germs, the Communion prosphora and prosphora after Divine Liturgy will be handed out by an Altar server. We ask that you receive the prosphora in your hand and not reach for the prosphora on the tray or bowl.

The church has been set up for appropriate social distance seating. However, if you are feeling ill, please stay home. Also, those age 65 and over are still considered high risk and should make careful decisions about attending services. Father Volodymyr will continue to stream live Vespers and Sunday Divine Liturgy.

During the pandemic we are grateful that our parishioners have continued to contribute every week so the church can remain operational. Please continue to pray for everyone’s health and well-being!